



## WINTER LEAGUE GAME RULES

### Game

1. 2x25 minute halves, 5 minute halftime
2. 6v6 (5 field players plus a goalkeeper) \*teams may play 5v5 if they have limited player availability\*
3. Substitutions at any stoppage with permission of the referee
4. Size 4 ball
5. Competition Rule– team must remove a player from the field if up by 4+ goals.
6. Build-out line rule in effect. All defending players must be behind dotted line when the opposing team is taking a goal kick and until the ball has been put into play.

### Covid-19 Game Protocols

1. Only players, coaches, and referees may be inside the fence area and on the field.
2. ALL players must pass a health screen before attending the game (if a player answers yes to any of the below they cannot play that day)
  - Does your player have a temperature of 100.4 degrees Fahrenheit or higher when taken by mouth?
  - Has your player received a positive test result from a COVID-19 test in the last 14 days?
  - Has your player been in close contact with anyone with confirmed COVID-19 in the last 14 days?
  - Is your player experiencing any of the following symptoms? Cough, Sore Throat, Difficulty Breathing, Runny Nose, Diarrhea, Vomiting, Abdominal Pain, New Loss of Taste or Smell
3. Until otherwise mandated by the state of NC, players are REQUIRED to wear a face covering. Exceptions to the requirement for players is as follows:
  - Has a medical condition
  - Has a behavioral condition
  - Has a disability
  - Is actively eating or drinking
  - Has trouble breathing
4. ALL coaches, referees, and spectators are required to wear a face covering at all times.